

## From the Editor Vania S. Buck



¡Saludos!

I am beyond ecstatic to finally share this amazing resource for current and future students at Chico State. Here at Adelante, we regularly discuss creative ways to engage our students in research. As first-generation students, many times we are afraid of pursuing new things out of fear of failure and because we often have no family we can turn to and ask questions. This student journal grew out of an idea to provide students interested in pursuing research or any other creative project encouragement to overcome some of those fears and a starting point to begin.

We also developed this student journal to show Chico State students that research is diverse and comes in all shapes and forms

and that there is no single way to produce your research. Research is produced in all disciplines: not just sciences as we sometimes believe, but also art, social sciences, humanities, creative writing, and more. I think you will see some of that diversity of approach and style in this first edition of our journal. I hope it encourages you to be creative, explore your own potential, and see that there is space for you in academia as a student researcher and writer.

When I first found out about the opportunity to develop this student journal through Adelante, I was scared. I had never done something big like this, and I was afraid to fail. But I was curious about what it took to create a student journal. I asked questions and I connected with faculty who could guide me. I was fortunate to have amazing mentors who not only supported, taught, and guided me, but also helped me to see that my high expectations for myself also created a high fear of failure. They argued that we sometimes need to fail to learn from our mistakes. So I took a risk and said “yes” to the opportunity to create this journal. I am glad I did. Working on this first edition, I not only learned a lot about developing a student journal, but I had an experience that I will forever cherish and use to achieve my future academic goals.

With this student journal, we hope that you will be inspired to conduct your own research in whatever form you decide to do it in. I hope that students can utilize this first edition as a resource to jump start their writing journey and connect with faculty who share similar interests.

Remember, Wildcats...  
¡Si Se Puede!

## From the Co-Editor Alondra Adame



Adelante is so much more than a program at Chico State. It makes such a difference when everyone who works together holds a shared experience. We are all attempting to make the road we've paved behind us smoother for

those who will follow. Vania and I hold a lot of similar titles as immigrant daughters, as first-generation students, and as the first people in our families to hold master's degrees. Working with her on this journal has felt like working with an extension of myself, and I've loved every minute of it.

As a first-generation student, I feel like creating opportunities to show off the incredible efforts made by aspiring scholars is what inspires future generations to pursue their research interests. I want to show students that their talents and voices are being recognized and admired by the people who worked on this journal. Additionally, I hope this will inspire future generations to look upon this inaugural journal as one of the first steps toward all the possibilities that academia can provide them.

This journal is full of work that has come from the hard work and hearts of ambitious inspiring students. This is a celebration and I hope each contributor feels pride when they look over their pages.

—*Alondra Adame*

## From the Production Editor Natalie Lawlor



I am excited to contribute to the Adelante student research journal. Adelante is an essential program at Chico State in supporting the academic achievement of students and providing students with resources and preparation for graduate school. The student research journal is a wonderful opportunity for students to showcase their work to others here at Chico State. I believe that the facilitation of an academic journal exemplifying the research

conducted by Chico State students is an amazing asset to encourage research and allow students and faculty to learn about the work of both undergraduate and graduate students.

As a graduate student, I am very familiar with the effort and time put into conducting research as a student. I feel that this journal will allow students to be acknowledged for their efforts and academic achievements in research. I hope that the influence of this journal will contribute to an academic environment that is supportive and encouraging of students pursuing research and preparing for graduate school. Because research is such a significant aspect of graduate school, this is a fantastic opportunity for students to be inspired by their peers, and to support and learn about the research currently being conducted by Chico State students!

This student journal exemplifies the hard work of the students and associated faculty here at Chico State, and I am so honored to be a contributor to the creation of this opportunity for research to be presented.

—*Natalie Lawlor*